



# AWAY WITH HAIR

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## PRETREATMENT INSTRUCTIONS

1. Avoid the sun 4-6 weeks before and after treatment until your laser specialist allows.
2. You **MUST** avoid bleaching, plucking or waxing hair for 6 weeks prior to treatment.
3. If you have a prior history of perioral herpes, prophylactic antiviral therapy may be started the day before treatment and continued one week after treatment.
4. If you are tan, using self tanners, or have darker skin type, a bleaching regimen may be started 4-6 weeks before treatment. Tanned skin **CANNOT** be treated 4 to 6 weeks before treatment.
5. Self tanners need to be avoided 3 weeks prior to any laser treatment.

## INTRA-OPERATIVE CARE

1. The skin is cleaned and shaved. The use of anesthesia is optional.
2. Safety considerations are important during the laser procedure. Protective eye wear will be worn by the client and all personnel in the room.

## POSTOPERATIVE TREATMENT CARE

1. Immediately after treatment, there should be erythema, (redness) and edema (swelling) at the treatment site, which may last up to 2 hours, or longer.  
The treated area will fill like a sunburn for a few hours to 1-3 days after the treatment. Cold packs or cold water compresses may be used as needed for the first 24 hours.
2. **TRIPLE ANTIBIOTIC OINTMENT OR AQUAPHOR** may be used for 3-4 days but this is usually not necessary. Darker pigmented skin may have more discomfort than lighter pigmented skin and may require **Aloe Vera gel, Aquaphor or Antibiotic Ointment** longer.
3. Makeup may be used immediately after the treatment unless there is epidermal blistering. It is recommended to use **NEW** makeup to reduce the possibility of infection.
4. **DO NOT** pick or scratch a blister or scab or dry flaky areas. **DO NOT** let blisters, scabs or dry flaky areas become dry~ use Aquaphor or Antibiotic Ointment until the area heals.
5. **DO NOT** take hot showers or use a hot tub or sauna for 24 hrs. following a treatment.
6. **DO NOT** expose the treated area to the sun during treatments.

Please call my office at **(970) 237-1711** with any questions or concerns you may have after the treatment. Your return visit will be scheduled depending on the anatomical location of the treatment. Hair regrowth occurs at different rates on different areas of the body. New hair growth will not occur for at least three weeks after treatment. Anywhere from **5 to 20** days after the treatment, shedding of the surface hair may occur, this is **NOT** new hair growth. You can clean and remove the hair by washing or wiping the area with a wet cloth.