



AWAY WITH HAIR

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One of the most important parameters for the success of your treatment is the correct typing of your skin. We must consider your skin type when planning your treatment program. Skin type is categorized according to the Fitzpatrick skin type scale, which ranges from very fair (skin type I) to very dark (skin type VI). The three main factors that influence skin type and the treatment program: Genetic disposition Reaction to sun exposure, Tanning habits.

Skin type is determined genetically and is one of the many aspects of your overall appearance, which also includes color of eyes, hair, etc. The way your skin reacts to sun exposure is another important factor in correctly assessing your skin type. Recent tanning (sun bathing, artificial tanning or tanning creams) has a major impact on the evaluation of your skin color.

So, help us determine your skin type so we can treat you perfectly. Please take a few minutes to fill out this questionnaire, circling the most appropriate response.

Genetic Disposition

Score	0	1	2	3	4
What is the color of your eyes?	Light Blue, Gray, Green	Blue, Gray or Green	Hazel/Brown	Dark Brown	Brownish Black
What is your natural hair color?	Sandy Red	Blond	Chestnut/Dark Blond	Dark Brown	Black
What is the color of your skin? (non-exposed to sun)	Reddish	Very Pale	Pale with Beige tint	Light Brown	Dark Brown
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None

_____ Total Score of Genetic Disposition

Reaction to Sun Exposure

Score	0	1	2	3	4
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turn dark brown quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Often	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem

_____ Total Score of Reaction to Sun Exposure

Tanning Habits

Score	0	1	2	3	4
When did you last expose your body to sun/artificial sunlamp/tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago
When in the sun, is the area to be treated left exposed?	Never	Hardly ever	Sometimes	Often	Always

_____ Total Score of Tanning Habits

Summary

_____ Total Score for Genetic Disposition
 _____ Total Score for Reaction to Sun Exposure
 _____ Total Score for Tanning Habits
 _____ **Skin Type Score**

Your Fitzpatrick Skin Type:

Skin Type Score	Fitzpatrick Skin Type
0 - 7	I
8 - 16	II
17 - 25	III
26 - 30	IV
Over 30	V - VI